

Clear Understanding: The Antidote to Confusion

Nitartha Institute Weekend in Boston
with Chris Pleim & Carmen Rumbaut

October 31 / 7:00 PM - November 2 / 5:30 PM

Price: \$125 Members (\$150 General Public)



Drawing from the Abhidharma tradition of Vasubandhu and the valid cognition tradition of Dharmakirti, a classic of the Tibetan study curriculum called *Dudra (Collected Topics)* forms the basis for this study. By examining in a clear way the world of phenomena that we encounter in our lives and their relationship with mind the course teaches us how to reduce confusing thoughts and uncover the hidden assumptions that create our suffering, particularly the notion of a solid and independent self. The exploration will be experiential, making extensive use of analytical meditation and discourse in a hands-on experience of the topics presented. The program is suitable for newer practitioners who want to glimpse the potential the dharma has for unlocking their experience of reality, and for veteran practitioners who want to penetrate to a deeper level of the view and practice.

Weekend Schedule:

Friday 7:00 - 9:00PM

Saturday 10:00AM - 5:30PM

Sunday 10:00AM - 5:30PM

As with all of our public programs if you are unable to afford the stated amount please contact us in advance of the program at info@shambhalaboston.org and you will be invited to attend at a reduced pay-what-you-can rate. We are no longer accepting pay-what-you-can at the registration desk.

The Nitartha Institute was founded in 1996 by The Dzogchen Ponlop Rinpoche, under the guidance of Khenchen Thrangu Rinpoche and Khenpo Tsultrim Gyamtso Rinpoche. Its goal is to transplant intact the teachings of the shedras (monastic colleges) of the Kagyu and Nyingma traditions of Tibetan Buddhism, and to then transform the tradition for Western minds. <http://www.nitarthainstitute.org>

Carmen Rumbaut started as a student of Shambhala, then followed Khenpo Tsultrim Gyamsto Rinpoche to Nepal for five sessions of the Winter Program at Pullahari. She is currently a member of Dzogchen Ponlop Rinpoche's sangha, Nalandabodhi where she teaches online study curriculum courses in both Spanish and English. She has been a teacher at Nitartha since 2003. Carmen studied Tibetan and translated several works directly into Spanish. She was born in Cuba, and holds graduate degrees in both social work and law from the University of Texas in Austin. She currently lives in Madison, Wisconsin.

Chris Pleim started studying with the Vidyadhara, Chogyam Trungpa Rinpoche in 1972 and became one of the main administrators and teachers in the fledgling Boston Dharmadhatu (now called Shambhala Centers). He became a student of Khenpo Tsultrim Gyamtso in 1991 and has studied intensively with him. Chris continues to study with Sakyong Mipham Rinpoche and the Dzogchen Ponlop Rinpoche in various programs including at the Nitartha Institute. He has taught buddhadharma and Shambhala Training widely, including at Seminaries (extended advanced teaching programs) under both the Vidyadhara and the Sakyong.

For more information about the program, please contact: info@shambhalaboston.org

To register for the program: <http://www.shambhalaboston.org> (click 'programs' and scroll down)

